



Ka whai ora tonu ngā akoranga mo te ao katoa

Mane 2 o Māehe (March) 2026

Term 1

wiki 5

## HE KŌRERO NĀ TE TUMUAKI WORDS FROM THE PRINCIPAL

The whole school had an awesome time at the Whakatāne Aquatic Centre on Friday, for our first Water Skills for Life session. These sessions have been funded by stuff.co.nz and its readers, to schools across Aotearoa. We were also fortunate to have the costs of our bus transport for the 4 weeks, covered by Eastbay REAP - ngā mihi to both of these organisations for helping our tamariki to learn essential life saving skills in the water!



In the coming weeks I'll be sharing some of the learning our ākonga have been doing as part of our kaupapa 'O kai ora, he wai ora' (healthy food and water).

Whio have impressed me with their knowledge on the sugar content in well-known inu (drinks), the importance of sleep and the effects of devices on the rorohiko (brain). We hope this knowledge helps empower our tamariki to be kaitiaki of their bodies and brains, now and into the future. Please ask your child if they can share some of the learning they have been doing in class about this topic - you may be surprised by what they have learnt!

He hauora taonga -  
Health is wealth!



Whaea Emma  
Tumuaki

## What's coming up?

### FireWise Education for Miromiro



We have some special visitors into school today to teach our teina about how to be safe in the event of a fire. This is also a good reminder to check you have working smoke alarms and an escape plan, that the whole whānau knows about. These precautions could save lives. Shout out to our Waimana fire brigade volunteers for their ongoing support and service in our hāpori.

### SPECSAVERS VISION SCREENING

Specsavers

A huge ngā mihi to all our whānau who filled in the consent forms for this screening! Most of our tamariki had their eyes checked and some received a Specsavers request to come in for a more comprehensive FREE eye test. Jong from Specsavers recommends getting your child's eyes checked every 2 years, as they can change as your child develops. A big thanks to Jong for all his hard mahi.

### SCHOOL PHOTOS

A reminder that school photos are on Wednesday 1<sup>st</sup> April, so get your orders in online or by using the forms sent home a week ago. We have more forms available in our school office.



Online Ordering Link -  
<https://lazerphoto.co.nz/products/nukuhou-north-school>

## Week 4 Attendance update:



Ka rawe e te whānau - let's keep this up!



Less than 5 days absence in a school term

18 days of Term 1 so far!

less than 5 days absent in that term

less than 10 days absent in that term

Up to 10 days absence in a school term

less than 15 days absent in that term

Up to 15 days absence in a school term

15 days or more of absence in a school term

93%\* of students  
55

2%\* of students  
1

3%\* of students  
2

2%\* of students  
1

## Key Dates: ★★

- **Water Skills 4 Life session #2** - Paraire 6 o Māehe (March)
- **Ōpōtiki Soccer tournament** (whole school) - Paraire 13 Māehe
- **Beach Education** (Kāhu) - Wenerei 18 o Māehe
- **Asbestos removal** - NO ONE permitted to be onsite at school - Paraire 20 - Rātapu 22 Māehe
- **BOT hui** - Mane 23 o Māehe, 5pm - all welcome - staffroom

Mane = Monday; Tūrei = Tuesday; Wenerei = Wednesday; Tāite = Thursday; Paraire = Friday; Hatārei = Saturday; Rātapu = Sunday

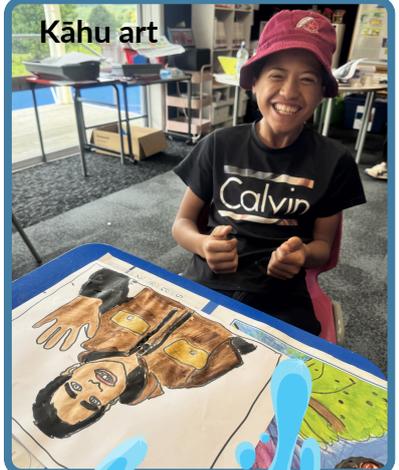
Specsavers eye screening



Kāhu art



Kāhu art



# Important information

## Water Skills for Life

### KUTU / NITS / HEADLICE !!!

It's that time of year when the bugs seem to breed like crazy and we have noticed a bit of scratching lately.



A reminder that we have FREE KidsCan kutu shampoo and combs available from our school office - just ask! Once we get our next order in, all tamaiti will come home with these products. Please try to treat your child's hair to help stop the spread of kutu to others. Kutu are insanely itchy and hoha to your child and others, disrupting their ability to concentrate and learn.



### FUN FACT:

Female head lice lay about 7 to 10 eggs each night!!!



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